

Glendale Heights, Roselle, Bensenville, Medinah Park District Youth Basketball League Rules-2010 Season

Philosophy

The Glendale Heights, Roselle, Medinah, and Bensenville Youth Basketball League is designed to provide healthy recreation in an environment where a child can have fun along with the opportunity to develop physical skills and emotional maturity through interaction with other children and adults. Each player learns the basic skills of basketball or improves existing skills in an atmosphere of fun, teamwork, and good sportsmanship. Competition is a natural ingredient existing in all team sports. We simply do not stress competition as being the primary purpose of this program.

Competition Policy

The Glendale Heights, Roselle, Medinah and Bensenville Youth Basketball League promotes strong competition for the teams, but all competitors, coaches and players alike, will strive for a strong balance between competition and sportsmanship. The League also recognizes that participants exhibit a vast range of skill level, and the League will do all that it can to accommodate these skill levels without putting a majority of the participants at a disadvantage.

Playing Time

Each player **must** play one-half (1/2) of the game before any player may play the entire game. This ruling would not supersede any case where disciplinary action is needed against a player. If disciplinary action is needed the coach may, at his or her discretion, only allow one quarter of participation for the offending team member. The coach is required to notify his or her park district basketball supervisor before this disciplinary action is taken. Though playing time can be only regulated using an "honor system," the Youth Basketball League supervisors fully expect coaches to follow playing time parameters.

Parents Responsibilities

1. It shall be the responsibility of all parents of the youth basketball program of the various towns to support the program by coaching, assistant coaching, scorekeeping when needed, and/or just cheering on the players, coaches and teams involved.

2. Parents will insure that players are in attendance and on time for all games and practices. Parents are advised to notify coaches of any anticipated absences.
3. Parents will insure that players come prepared to participate, including proper attire with T-shirt (tucked in), shorts and gym shoes. Parents will be certain that players also have a positive attitude towards the program; this includes, but is not limited to, their teammates, coaches, referees, etc. Players are not allowed to wear jeans or jewelry of any kind. Sleeves must remain on T-shirts for the entire season or disciplinary action may take place.
4. Parents should report any unfair policies or misconduct by any coach or referee to the local town's basketball coordinator.
5. All parents are responsible for their own conduct during games. Parental misconduct may result in removal from the court and/or the building at the referee's discretion. At no time shall a parent approach a coach or player from another team before, during or after a game.
6. All parents shall not yell at nor offer coaching instructions to players during practices or games. Please remember that this league is recreational and the main purpose is to provide a fun, safe and learning atmosphere for all participants. Parents will be told to leave the gym and/or building if such action occurs.
7. Parents should report any injuries to the coach and the local park district basketball coordinator.

Players' Responsibilities

1. It shall be the responsibility of the players to attend practices and games on time and with a positive attitude. Players will dress appropriately for practices and games.
2. It shall be the responsibility of the players to use good sportsmanship, to follow all rules of the game, and to display respect for all coaches, referees, teammates and opposing players. Negative gestures, profanity, and taunting will not be tolerated, and will be dealt with accordingly.
3. Local basketball coordinators are charged with follow-up on cases of player misconduct.

Coaches Responsibilities

1. It shall be the responsibility of the coaches to maintain appropriate coaching certification. Such certification would be mandated by the local park district. It shall be the responsibility of the coaches to insure the safety of all players at all times and to be responsible for all conduct by him or her, the players, and the team's spectators.
2. Coaches must display sportsmanship toward all players, coaches and referees. Any conduct unbecoming a coach which involves violent behavior or language to a player, referee, other coach, parent or spectator will be reported to the local basketball coordinator and disciplinary action will be taken.
3. It is mandatory that visiting coaches call the home team coach during the week prior to the game. The coaches should verify the game date, the game time, the gym location, and the color of the jerseys. In the event that both teams have the same color uniform, the home team must switch to an alternate color or provide pinnies. Home coaches are asked to contact the visiting coach in any case where the visiting coach has not completed the call.
4. All coaches must notify their respective park districts of any schedule changes that may be needed. Any changes from the official schedule handed out at the beginning of the season will only be accepted if space is available. If space is not available the change will not be permitted.

Referee Responsibilities

1. It shall be the responsibility of the referees to enforce the rules of the game, insuring that both teams are treated fairly and that there is no bias toward either team. Referees will call a forfeit of a game if the players, coaches and/or spectators become, in the referee's judgment, unruly.
2. All referees are provided by and all referee fees are paid by the local organization of the home team. Referees are expected (but not required) to be certified by the IHSA. As required by the local organizations, referees will fill out incident/suspension reports on any disciplinary problems that occur with players, coaches, or spectators. Reports should be filed with-in 24 hours.

Procedure for playing a game without a Referee

1. In cases where no referee appears for a game, the coaches should search for a volunteer to referee the game. Certified referee volunteers are always preferred to having coaches or other parents work in this capacity.
2. If a parent (certified or uncertified) volunteers to officiate the game, both coaches must agree to allow the volunteer to referee the game. In such case, all parents must be reminded by the coaches, prior to the game, that no questioning of any calls made by the referee will be allowed or condoned.
3. If no acceptable volunteer is located, both coaches will co-referee the game.

Disciplinary Action Policy - Players

1. Any player that receives two technical fouls or is asked to leave the gym by any park district official will be automatically suspended a minimum of one game, which must be served the following scheduled game. Note: During any such suspension, the player will be allowed to practice with his or her team and will be allowed to attend the game as a spectator, but will not be able to sit on the team bench.
2. Any player receiving two suspensions in a season will serve a suspension for the remainder of the season. Suspensions may carry over to a following season(s).
3. The referee and scorekeeper are responsible for reporting to the local basketball coordinator in writing to discuss the events and details of each suspension issued. Unsportsmanlike behavior before, during, and after games is included. Suspensions issued as a result of unsportsmanlike behavior received before, during, and after games are not subject to appeal.

Disciplinary Action Policy -Coaches

1. Coaches are responsible for following the rules, policies, procedures and other guidelines outlined in this handbook. All coaches must communicate all rules, policies, and procedures to their players and all spectators.
2. All coaches should train their players to participate in clean, skillful, honest and sportsmanlike basketball. Any violation of these will result in disciplinary action.

3. Each coach is responsible for his/her own actions as well as the conduct of the players and the spectators. Coaches should not tolerate unsportsmanlike conduct by any of these parties. Coaches must be aware of the emotional pitch of the game in order to insure that the conduct of players and coaches does not lead to deterioration of game control.

4. Any coach receiving two technical fouls will be will be automatically suspended a minimum of one game, which must be served the following scheduled game. Note: During any such suspension, the coach will be allowed to practice with his or her team but will NOT be allowed to attend the game.

5. Any coach receiving two game suspensions will be subject to a minimum of a two game suspension or more, which must be served the following scheduled games. The exact length of such suspension will be determined by the local basketball coordinator.

6. Coaches who knowingly violate the policies and procedures outlined in this handbook shall be subject to immediate suspension by their local basketball coordinator.

7. The referee and scorekeeper are responsible for reporting to the local basketball coordinator in writing to discuss the events and details of each double technical. Unsportsmanlike behavior before, during, and after games is included.

Youth League Basketball Rules

Games will be officiated using the Illinois High School Association (IHSA) basketball Rules Book. The following amended guidelines to the IHSA rules shall apply to all games played between park district basketball teams as identified as current participants.

1. The game will consist of four six-minute quarters (4 x 6 minutes) at the 3rd/4th and 5th /6th grade level. At the 7th/8th grade level, quarters will be seven minutes (4 x 7 minutes) in duration. A stopped clock will be used during the game.
2. Overtime will consist of a two-minute period. If the game is still tied, a “sudden death” overtime will be played. Each team will be allotted one time out in overtime and one time out during “sudden death” with no carryover between these time frames. If a team does not have a ten point lead during the overtime and “sudden death” periods, they may employ a full court press at the 5/6 and 7/8 grade levels.
3. Each team is allowed two time outs per half. Time outs cannot be carried over.
4. Seventh and eighth grade teams will be allowed to full court press the entire game except if a team is ahead by ten (10) points or more, then that team will not be allowed to full court press. Fifth and sixth grade teams will only be allowed to press the last one minute of a game. If a team is ahead by ten points or more, that team will not be permitted to apply a full court press. Third & fourth grade teams will not be allowed to press at any time.
5. Teams will be allowed to fast break. If a team makes any attempt to fast break, the defensive team will be allowed to play defense in the backcourt. To have the defense drop back and set up on a defensive rebound, the rebounder must cover up the ball and make no attempt to fast break or outlet the ball. It will be an official’s judgment if in fact a team is attempting to fast break.
6. Defense (third through sixth grade): The defending team must wait behind the 3-point arc until both the ball and both of the dribbler’s feet have broken the half-court line plane. Once that happens, the defender(s) have the option to pressure the dribbler.
7. 3rd & 4th Grade teams will have a 5 second-lane violation rule.
8. The free-throw line will be modified to approximately 12' for the 3rd & 4th grade teams. It will be marked at each individual facility.

9. Unsportsmanlike conduct on the part of players, coaches, and spectators, will not be tolerated! Technical fouls may be assessed for violations on the part of players, coaches or spectators. Any coach or spectator who receives two technical fouls, or who is asked to leave the gym by any park district employee, will not be allowed to attend the team's next game. A player who receives two technicals in a game will not be allowed to play in the next game or sit with the team but they may attend and sit in the stands. Scorekeepers, officials and supervisors are authorized to eject any individual from the gym/facility.

10. Only two coaches are allowed to be on the sidelines with their team.

11. It is mandatory that each member team of the league provide a current copy of these rules and regulations to every head coach and league referee. These amended rules are expected to be adhered to uniformly at every game no matter what the venue. No "house rules" should be employed.

Equipment/Attire

1. All players must wear their game uniform to all games. Any uniform that has been altered in any way will result in the opposing team being able to shoot two free throws before the game begins.
2. Athletic supporters are strongly recommended for the boys.
3. All jewelry (watches, necklaces, etc.) except medical alert and religious (taped down), may not be worn during games.
4. All member teams of the Youth Basketball League must provide first aid equipment at courtside during games.

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